



BOARD OF COMMISSIONERS OF PILOTS  
OF THE STATE OF NEW YORK

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15 June 2023

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**POLICY AND PROCEDURE NOTICE 01-23**

**PILOT REST PERIODS**

The Board of Commissioners of Pilots of the State of New York ("Board") reminds all New York State Licensed Pilots of their duty and obligation to report to a work assignment properly rested.

A pilot must consider all relevant factors in evaluating whether he/she is properly rested including off-duty activities and travel time requirements.

Rest is defined in Coast Guard Policy Letter 4-00, Rev. 1 as a period of time during which an individual is off-duty, is not performing work including administrative tasks and is allowed to sleep without interruption.

Pilots shall make use of all available technologies to monitor their status on the rotation board with regard to work assignments. Pilots should be aware of all the options available within their respective Associations to remove themselves from the rotation board in the event of fatigue which might impair the pilot's ability to safely perform their assignment.

Hudson River Pilots must be aware of Section 89-a of the New York Navigation Law which states "In the event a vessel transiting the Hudson River requires a continuous pilotage of more than ten hours, two pilots shall be assigned at the beginning of such transit."

Long Island Sound – Block Island Sound Pilots must be aware of Board Policy and Procedure # 070108 requiring two pilots on all transits in excess of 12 hours on the Long Island Sound.

Failure to comply with this Policy and Procedure may result in sanctions.

BY ORDER OF THE BOARD

  
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Andrew J. Garger  
Executive Director/Secretary